

Community Participation in System of Care

Systems of Care and Wraparound

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What is a System of Care?

“A **spectrum** of effective,
community-based services and **supports**
for children and youth with **or** at risk for mental
health challenges and their families,
that is **organized** into a
coordinated network, builds **meaningful partnerships**
with families and youth, and addresses
their **cultural** and **linguistic** needs,
in order to help them to **function** better
at **home**,
in **school**,
in the **community**,

System of Care

- Set of Principles and Values
- Clear Definition of the Population
- Analysis of the Support Needs
 - Research and Knowledge
- Participatory and Inclusive Decision-making Processes

Systems of Care

Core Values

1. Family driven and youth guided
2. Community based services
3. Culturally and linguistically competent

Guiding Principles

1. Ensure that families and youth are full partners
2. Array of effective, evidence-informed services and supports
3. Individualized services
4. Least restrictive
5. Service integration

Guiding Principles

6. Coordination of Services
7. Meet the social-emotional needs
8. Facilitate the transition of youth to adulthood
9. Link with mental health promotion, prevention, early identification and intervention
10. Rights protection and advocacy
11. Accountability Mechanisms
12. Nondiscrimination

System of Care is an approach....

- Children with Behavioral Health Challenges
- Clear Values and Principles
- Range of Services and Supports
- Individualized Services
- Helps to address a fragmentation of system and supports
- Clarity about Population of Concern
- Accountability
- Responsiveness to Cultural Differences

System of Care

- Guided by that which is meaningful and helpful to the children, youth, and families
- Design and implementation will result in an increase in positive outcomes

“If our system transformation efforts are successful and sustained, we will see that our service and support delivery systems are”

System of Care

Positive Outcomes

- Increase family engagement and full participation
- Increase in Social, Academic, and Behavioral Outcomes
- Increase Community Connectedness
- Decrease in and Duration of Placements
- Increased Caregiver Capacity
- Decreased Caregiver strain

Approaches for communities and community providers/organizations

- Family driven: does your organization engage the families you serve by...
 - Including families in policy or programming changes?
 - Include families on board of directors?
 - Survey your families to see what is lacking in your service approach or delivery?

Approaches for communities and community providers/organizations

Youth Guided: Does your organization engage the youth you serve by....

- Including families in policy or programming changes?
- Include families on board of directors?
- Survey your families to see what is lacking in your service approach or delivery?

Youth Guided Supports and Services

- To be their very best, our systems and communities must encourage full youth participation in **design, implementation, and evaluation** of initiatives that effect their lives.
- Adult leaders and support staff should be skilled in both genuinely engaging individual youth and in advocating for and encouraging youth to be full partners and leaders at system level tables.

Approaches for communities and community providers/organizations

- Community based care: does your organization provide care that is community based by....
 - Ensuring that the services delivered are flexible
 - Service delivery is without regards to setting
 - That delivery or approach is designed with the family and youth's particular needs in mind.

Group Discussion

How can you help to incorporate family driven, youth-guided, community-based, and culturally and linguistically competent practices into your current and future work as an adult ally?

Wraparound is “NOT”

- A **Specific** Set of Services
- A **Typical** Team Meeting
- A Meeting held **without** Family or Youth
- An **Immediate** or **Quick** Solution
- A **Crisis** Intervention or Response
- A **Standing** Interagency Team

Wraparound is
a planning process based
in a clear set of values and principles

- Youth and Family Driven
- Strength Based
- Respects child and family's culture and values
- Dynamic Individualized Teams
- Connection to community-based supports and services
- Mix of public, private and natural services and supports
- Led by a *trained* facilitator
- “NOT” a service or set of services

Simplest Terms

“Work until It Works”

“When Barriers Arise--- People have not Failed-
The Plan has Failed”

Strengths + Needs= Actions

Voice and Choice

“If It does not Feel like Help, It Probably is not”

“No SHAME, No BLAME”

System of Care

Service Array

- Enhance and expand traditional service array
- Develop new, non-traditional supports
- Utilize natural, unpaid, community based supports
- All team members commit to developing natural community supports and connections

Effective Provider Networks

- Willing and flexible providers
- Responsive to the Individual's Needs
- Formal Service Providers
- Natural Supports
- Traditional and Non Traditional Services and Supports
- Evidence-based Practices and Promising Approaches
- Culturally and Linguistically Diverse Providers
- Families and Youth in Provider Roles
- Partners in Planning, Service Delivery, and Evaluation
- Flexible and Accountable
- inclusive

Opportunities for communities

- SAMHSA system of care grants:
 - For governmental sub units (counties, towns)
 - Alignment with state level system of care work is mandatory in current grant.
 - Counties or towns creating a regional SOC approach together.

Opportunities for communities

- Connect to State Level SOC work
 - Join the Children’s BH Collaborative (CBHC)
 - Review the CBHC Plan and implement strategies
 - Become a provider for the FAST Forward program
 - Create regional teams to assess service array and delivery against SOC values and principles and assess ability to implement strategies in the CBHC plan.



Questions?

Thank you!