

NHCBH Workforce Development Network

Foundational Competencies in Children's Behavioral Health

Family Driven and Youth Guided Practice

Engagement & Partnering Leadership



Mission

The NH Children's Behavioral Health Workforce Development Network is to build a sustainable infrastructure for the professional development of the children's behavioral health workforce based upon the core competencies and infused with the system of care core values and guiding principles.



NH Children's Behavioral Health Core Competencies

- ➤ System of Care Core Values and Principles
- ➤ 7 Key Domains
- ➤ Levels: Foundational

Intermediary

Advanced



Foundational Competency Modules

Family Driven and Youth Guided Practice

Foundational Level

- > Engagement & Partnering
 - ➤ Leadership



Engagement & Partnering

> Understands Family Driven and Youth Guided

Family-driven means families have a primary decision making role in the care of their own children as well as policies and procedures governing care for all children in their communities states, tribes, territories and nation. ²

Youth-guided means young people have the right to be empowered, educated, and given a decision making role in the care of their own lives as well as policies and procedures governing the care of all youth in the community, state and nation. ³



"Families as the experts of their child"

家庭 Family



Families as Equal Partners

- Relevant Information and Data Provided
- Open, Honest and Sensitive Communication
- Know their Rights and Responsibilities
- Decision Making
- Implementation Process



Family's Cultural References

Shame?

Blame?

View the child?

Feeling Isolated?

See the need to access mental health services?



Strengths and Needs of the Family

- ➤ Determine supports and services
- ➤ Opportunities for Success
- > Build resilience



Leadership

- ➤ Individual Family Team
- **➢** Policy
- **≻** Community



Resources

National Alliance on Mental Illness NH (NAMI NH)

Website: www.naminh.org

Families Advocating for Substance use Treatment Education and Recovery (F.A.S.T.E.R.)

Website: http://www.new-futures.org/resources/friends-recovery-new-hampshire-nh

GRANITE STATE FEDERATION OF FAMILIES FOR CHILDREN'S MENTAL HEALTH (GSFFCMH)

Email: <u>gsffcmh@aol.com</u>

Youth M.O.V.E. NH

(Motivating Others through Voices of Experience)

Email: youthmovenh@gmail.com

References

- 1. National Alliance on Mental Illness NH (2007). Collecting Family Voices on Children's Mental Health: Final Report of Findings. http://www.naminh.org/sites/default/files/EFHFINALACCEPTED.pdf
- 2. Osher, T., Penn, M., & Spencer, S. Partnerships with families for family-driven systems of care. In B.Stroul and G. Blau (Eds.), 2008 the System of Care Handbook. Baltimore: Paul H. Brookes Publishing.
- 3. Youth Move, 2006, Technical Assistance Partnership, American Institutes for Research, Washington, DC.

NH Children's Behavioral Health Plan

Link to Executive Report:

http://www.endowmentforhealth.org/uploads/documents/resource-center/cbhphires.PDF

Link to Webinar: http://www.youtube.com/watch?v=QEa9KkwIbUY&feature=youtu.be

Link to Matrix: http://www.endowmentforhealth.org/uploads/documents/resource-center/childrens%20behavioral%20health%20strategic%20plan%20matrix%20final.pdf



Credits



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