



### Summer E-News

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### Save the Date!

NH Children's Behavioral Health Collaborative will be hosting our annual Summit on October 6th. Be sure to save the date and join us for the day.

More information on the Summit will be released closer to the date.

NH4youth.org



# Aerial Photographs are a highlight of Children's Mental Health Awareness Day

At the culmination of Children's Mental Health Awareness Day 2015, advocates, parents, providers, and community members circled a giant cut-







out of the state of New Hampshire to signify our commitment to support all children and families.

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## Momentum for policy priorities

The green color theme of children's mental health awareness month has given away to the green of late Spring. Keeping with the season, the Collaborative continues its growth and change. As our organization grows, we shift our focus from building infrastructure to implementing systems changes on the ground. The systems changes will add up to a transformed children's behavioral heath system, with better outcomes for youth and their families.

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## Advancing Behavioral Health Equity for All

I was working the evening shift at a Crisis Unit in a Community Mental Health Center in California. A young adult female was bought in by her family. She was severely ill with psychosis and was nine months pregnant - and her Chinesespeaking parents had no awareness of either condition.

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Most Children Receive Mental Health Services in School



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Approximately 20% of all children have some sort of mental health issue and only one third of those receive services. Of those students who do receive mental health services, 70% get them in the school setting.

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### **How are the Kids**

New Hampshire Kids Count published the NH KIDS COUNT 2015 Data Book this spring. The research shows that across thirty-two unique indicators of child well-being, both where a child lives and the child's economic situation significantly impact his or her opportunities and life outcomes.

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### What is Family Support?

As a parent of a child or youth with a serious emotional disorder you may feel alone and without hope. Family support is helpful in decreasing those feelings. Family support gives a message of hope and decreases the family's feelings of isolation.

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NH Children's Behavioral Health Collaborative 10 Ferry Street, Suite 308 Concord, New Hampshire 03301 kbeck@new-futures.org