



NH Children's Behavioral Health Collaborative Online Training Videos and Resources

What Are They?

Free, web-based videos and resources in core content areas related to children's behavioral health

Who Are They For?

Family members, mental health providers, educators, coaches, other providers, and anyone with an interest in children's mental health

Training Video Titles and Descriptions

- **Basic Overview of Special Education**

Mary Grillo, Education Specialist, Parent Information Center
(13:40 minutes)

Reviews parental rights and responsibilities, evaluation, eligibility, and resources to help access special education.

- **Children's Mental Health Core Competencies Review**

JoAnne Malloy, Ph.D., UNH Institute on Disability
(18:06 minutes)

Defines the essential skills, abilities and knowledge required of child serving providers. These competencies help create consistency and continuity of services across the state in order to improve outcomes for children, youth, and families. They also provide better support retention and quality training for providers.

- **Cultural and Linguistic Competence**

Amy Parece-Grogan, M.Ed., Behavioral Health Cultural & Linguistic Competence Coordinator, Office of Minority Health & Refugee Affairs
(30:51 minutes)



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Examines the importance of responding, communicating, and engaging effectively with each family and child given their cultural histories, experiences, preferences, and values. Teaches how to recognize and adapt communication techniques and best practices to address limited English proficiency and low literacy skills.

- **Early Childhood Mental Health**

Ellyn Schreiber, LMHC, and ECFMHC, Advanced-RPC, Community Bridges
(18:06 minutes)

Provides key information on basic neurodevelopment, the importance of attachment, and attachment concerns, and describes the effects of toxic stress. Discusses the early childhood system and community resources for young children and their families.

- **Evidence-Based Practices (EBPs)**

Cassie Yackley, Psy.D.; Katrin Neubacher, M.S., Dartmouth Trauma Interventions Research Center
(25:39 minutes)

Describes the process by which a practice becomes "evidence based," and identifies potential challenges and benefits that come with using EBPs. Resources are suggested for finding an EBP trained provider, locating resources for EBPs in children's services, and for NH organizations that support EBPs.

- **Family-Driven and Youth-Guided Practice**

Claudia Ferber, M.S., Former Director, Child and Family Programs, NAMI NH

Continued on reverse →



Where Can I Find Them?

Online at nh4youth.org/resources/online-training



NH Children's Behavioral Health Collaborative Online Training Videos and Resources

Training Video Titles and Descriptions (continued)

(15:20 minutes)

Discusses the importance of policy makers and providers partnering with youth and families, recognizing their strengths, and supporting efforts to direct their own care.

• Futures Planning

Jonathon Drake, MSW, UNH Institute on Disability
(36:50 minutes)

Explores using a graphic facilitation process that encourages youth to reflect about their life, understand their support network, identify strengths and skills, and ultimately set and pursue goals based on their life aspirations.

• Mental Health First Aid

Thomas Grinley, Program Planner, Office of Consumer and Family Affairs, NH Bureau of Behavioral Health

(14:07 minutes)

Teaches adults how to help adolescents ages 12 to 18 who are developing or experiencing mental health or substance use issues.

• Positive Behavioral Interventions and Supports Overview

Eric Mann, MSW, NH Center for Effective Behavioral Interventions and Supports at SERESC, Inc.

(27:57 minutes)

Provides a framework for a 3-tiered continuum of strategic and comprehensive social, emotional, and academic interventions and supports for children.

• Refugee Resettlement

Brandon Anderson, Refugee Program Specialist, State Refugee Program, Office of Minority Health & Refugee Affairs

(15:21 minutes)

Examines how and why New Americans (refugees) are resettled, as well as the struggles they may face, mental health concerns, and resources to help.

• Substance Use

Kimberly Hyslop, Training Coordinator, NH Alcohol and Drug Abuse Counselors Association and the NH Training Institute on Addictive Disorders

(20:43 minutes)

Examines the common indicators of substance use and misuse in families and youth.

• The Role of Vocational Rehabilitation in Transition Planning

Tina Greco, Transition Coordinator, NH Vocational Rehabilitation

(13:56 minutes)

Explains how to qualify for Vocational and Educational Rehabilitation, services vocational rehab staff can offer, and locations of VR offices across NH.

• Trauma and Its Impact on Children

Erin Barnett, Ph.D., Assistant Professor of Psychiatry, Geisel School of Medicine, Dartmouth Trauma Interventions Research Center

(20:58 minutes)

Considers the common indicators of trauma and its impact on children, and provides resources for parents and family members.

• Youth Engagement

Hannah Raiche and Julian Abate, Youth M.O.V.E. NH

(10:36 minutes)

Aims to educate adult allies and support staff about proven strategies for meaningfully engaging young people by empowering them to become partners and leaders at home, at school, and in their communities.



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