

New Hampshire Community of Practice for School Behavioral Health

September 22, 2015 Meeting Notes

Members in Attendance:

Mary Steady	NH DOE, Office of Student Wellness, Administrator
Michelle Myler	NH DOE Office of Student Wellness, Program Specialist
Kelly Untiet	NH DOE, Office of Student Wellness, Program Specialist
Joanne Malloy	UNH Clinical Asst. Professor, UNH IOD, APEX, PBIS,
Stacey Lazzar	Safe Schools/Healthy Students Concord
Kathleen Abate	Granite State Federation of Families
Effie Malley	NH Children's Behavioral Health Collaborative
Christina Flanders	NHASP President
Linda Thomas	Granite State Federation of Families
Kevin Murphy	Strafford Learning Center
Amy Parece-Grogan	Behavioral Health Cultural/Linguistic Competence Coordinator
Maureen Gross	Merrimack Valley School District Administrator
McKenzie Harrington-Bacote	Project Aware Laconia
Maureen Tracey	Education Consultant UNH
Kate Salvati	Strafford Learning Center
Jonathan Drake	UNH IOD
Maryann Salvatoriello	NH School Psychologist, Special Educator
Elin Pelland	LICSW, Litchfield School Social Worker, NH SSWA

I. Welcome and Introductions -

II. Reorienting for 2015-2016 and New Hampshire Network -

The Dept. of Ed will facilitate meetings this year. Kelly explained that the *NH Network* is web-based resource developed by the DOE for the purpose of providing a central location for information relating to issues affecting education in the state and contains topics, concepts, or special projects, resources, etc. The NH Network differs from the NH Children's Behavioral Health Collaborative in that information is frequently specific to, although not exclusive to, education throughout the state. The Collaborative website encompasses cross-stakeholder groups and overarching statewide initiatives that include education but also other agencies and organizations. Website viewers will note overlap in information. Please note that CoP meeting minutes will no longer be sent via email but will be posted on the NH

Network site. The NH School Behavioral Health Community of Practice (CoP) members should be able to access and use the site as “manager” which will be more interactive than the view-only status of the general public. Kelly Untiet, Program Specialist at the Office of Student Wellness, may be of assistance in submitting information to the NH Networks file folders.

Directions for accessing The New Hampshire Network:

The reader is encouraged to visit the website by first accessing the NH DOE Single Sign-on portal. Once logged in, click on The New Hampshire Network. On the next webpage, click on My Networks and follow the link for the Community of Practice on School Behavioral Health. Clicking on “Resources” will bring you to a variety of file folders containing info on a number of topics. Please feel free to peruse your areas of interest. If you have information to share, you may upload to an existing file cabinet or create your own.

Alternate Sign-on for New Hampshire Network:

- *Readers on the homepage of The Office of Student Wellness website, <http://www.nhstudentwellness.org>, will be able to access a link for the Network sign-on page.*
- *Readers on the homepage of the NH Children’s Behavioral Health Collaborative, www.nh4youth.org, will be able to access the CoP from their homepage and will also have a link to access the Student Wellness website in the near future.*

III. 6.2 Review and Goal-Setting

The NH Children’s Behavioral Health Collaborative (CBHC) Strategic Plan has posted the 6.2 Goal in file folders on the NH Network system. Updates will be posted in these folders when they become available.

IV. Updates, News, and Events

- a. MTSS- Joanne noted that MTSS is a subgroup of the SBHC Workforce Group. The reader is invited to review the Workforce Development Network on the Collaborative website at www.nh4youth.org. There are a number of subgroups through Workforce Development Network including Institutes of Higher Ed Workgroup, Wraparound Workgroup, MTSS Workgroup, In-service Workgroup, and CMCH Director’s Workgroup. The Wraparound Workgroup is holding a training in April based on the Wrap Milwaukee format adapted for NH.
- b. Fast Forward - FAST Forward is serving maximum number of families at this time but will still accept applications from interested families as others transition

- out. For more info, see Maureen Gross. Fast Forward is developing a manual and a training in April regarding wraparound for families.
- c. Project Aware- Youth Mental Health First Aid Training- an initiative of Project Aware, is a free training to respond to students who are having a mental health crisis or emotional/behavioral difficulties. Schools, PD's, bus drives, other community members are eligible for training and partnership. Contact Mary Steady to create training in district. Kelly and Mary are creating an app with a development company which allows for collection of data and demographic information. This info may be helpful when applying for other grants.
 - d. Maureen Tracy shared information on PBIS apps/ SWIS facilitator Certification on the 3rd week of November. Registration information can be found at <https://www.pbisapps.org/Pages/Default.aspx>. SWIS is a web-based data system maintained by the University of Oregon and available for a small yearly licensing fee of \$250. Once the school's SWIS account is set up, designated school staff enter office discipline referrals into a password-protected Web space. The resulting data may be summarized to provide information about the behavior patterns of individual students, groups of students, or the entire student body over any specified time. Numerical printouts, charts and graphs are created for use during decision-making. Maureen also shared that 19 people are working with Plymouth state to get folks certified in PBIS.
 - e. SAMHSA asked (Michelle) to create video for cultural and linguistically competencies work which will be available soon.
 - f. The Health and Equity Partnership has developed cultural competency training so educators can take it back to schools. Amy has offered training to Concord and other districts; fifteen or so people are being trained as trainers which includes cultural competence components and instructional design as well as how to work with adult learners.
 - g. NH Drug Czar Jack Wozmak and the NH DOE are planning to create a free conference to focus on substance abuse and behavioral health issues including school policy, community member involvement, cross collaboration with the medical community and others. It has been reported that 4.1 million prescriptions are filled for opioids in NH every month. Young people indicate that they got their prescriptions from their parents' prescriptions when they were about 13 or 14. Mary will bring updates.
 - h. Howard - at SERESC - drug free communities coalition SOROCK. There is a take back day on Sept 26th for towns within the SoROCK region. This includes Atkinson, Fremont, Danville, Hampstead, Kingston, Plaistow, Newton and Sandown. Anyone interested could contact Howard or SOROCK NH www.sorocknh.org.

- i. Safe Schools Healthy Students:
 - i. Michelle – next month there will be state level data to share from Safe Schools/Healthy Students project. State level activities commitments.
 - ii. McKenzie reported on Laconia
 - o They have expanded their public preschool and have a new after school program for LGBT youth. Also, dozens have signed up at HS for Freedom Found.
 - o Training for SAP program people in Laconia area. There is a position for a Health and Wellness Academy Coordinator being planned.
 - o All Laconia schools are implementing PBIS. Middle school is implementing all tier 1 and 2 and working on t 3. Joanne and Maureen are working with an alternative program in the HS – school culture and climate.
 - o Laconia now offers take-home dinner for students in the after-school program. They received financial support for a large population of free and reduced lunch recipients.
 - iii. Stacy – Safe Schools in Concord project did a board presentation with 21st Century regarding expanding school based mental health services and working on key features of MTSS. Family resource centers are working and expanding.
 - iv. The DOE is collecting data and info to create toolkits for other school districts to facilitate new projects development. If anyone knows of a school district that wants a framework for Safe School- Healthy Students, they will do a presentation. This is public domain and will be made publicly available at some point. The toolkit will be released to schools with the possibility of some support from DOE.
- j. CBHC Annual Summit is October 6, 2015 in Concord. Registration can be made on the nh4youth.org home page. Effie handed out a flyer about the Behavioral Health Summit. Plenary with people noting yearly accomplishments. Effie would like someone from the CoP to present since Kevin and Kate are not able to attend. Howard Muscott graciously offered to present in this forum. Kevin and Howard will collaborate to gather information. Many workshops are based on policy objectives, i.e., discussions with governance about integrating and streamlining children’s services, financial streams, Medicaid services array and eventually private insurances.
- k. Christina from NHASP shared info on upcoming conferences in October and on School Suicide Prevention and in November on Crisis Response. The reader is referred to the Calendar on the NHASP website for more information at <http://www.nhaspweb.org>.

- l. PSU - School Psych Department is looking at implementing the use of social emotional screening tools using a strengths based measure, DESSA, for K-8 in Franklin and Winnisquam.
 - m. Joanne - CLM received a grant and need to provide wraparound to families and need to be properly trained and coaching. Franklin does this but CLM will be doing it as well.
 - n. Concord - received Endowment grant for peer support model. Working for center for grieving children for community support program for new American children. TOT prep within cultural competency.
 - o. Kathleen Abate reported on the **Rally for Recovery** at White Park in Concord this weekend. More info can be found on <http://www.hopeforhcrecovery.org/events/2015-rally> and on Facebook.
- V. **Activity by Mary Steady** regarding a Timeline of CoP development. Info will be posted on New Hampshire Network website.
- VI. **Other:** If anyone has CoP documents or history that would assist in tracking CoP development in NH, please post this on the NH Network website. Kelly may be able to offer assistance in this process.
- VII. **Next meeting** is on Tuesday, October 20, 2015 from 9-11 a.m. on the 5th floor of 2 Pillsbury in Concord.

The mission of the NH Community of Practice for School Behavioral Health is to promote the social, emotional and behavioral well-being of all children by engaging diverse and multiple perspectives to influence policy, practice and systems on the national, state and local levels.
(Updated November 2014)

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