

FAST Forward

Families and Systems Together

- FAST Forward helps New Hampshire children and youth with serious emotional disorders and their families by:
 - 1) Increasing community services and supports for their family
 - 2) Keeping children in their homes (out of psychiatric hospitals, residential treatment centers, juvenile detention centers)
- This program is family-driven & youth-guided, so family members make all the decisions with the support of their team. The family & youth have a voice and choice on everything.
- Focus is to identify and build on the family strengths: a family-led team which look at the challenging behaviors of the youth and the strengths and supports that the family can call on. The team reviews what is causing the behavior and how to address the youth's needs.
- The FAST Forward program uses a wraparound approach – the family chooses a team of people that will help support them.
- We respond to each family's unique cultural values and beliefs.
- This is a great opportunity for families in NH to help keep their children home and build supports and services within their community.
- Currently to be eligible for FAST Forward children and youth must be:
 - Medicaid eligible
 - From age six to young adults transitioning out of school, foster care, or state placements
 - Experiencing difficulties in day-to-day life due to a diagnosis of serious emotional disturbance
 - At risk of multi-agency involvement (includes out of home placement in a residential treatment facility, psychiatric hospital, or juvenile justice facility)

For more information:

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